

## Gruppenkurs 2018

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
8:00					
:10					
8:30				8.05 h - 9.05 h	8.05 h - 9.05 h
9:00				Group Pilates	Group Pilates
:10					
:15	9:10 h - 9.55 h			9:10 h - 10.10 h	9.10 h - 10.10 h
9:30	Group Pilates			Group Pilates	Group Pilates
10:00					
:10					
:15					
10:30					
11:00					
11:30					
12:00					
12:30					
13:00					
13:30					
14:00					
14:30					
15:00					
15:30					
:45					
16:00		16.30 h - 17.15 h			
16:30		Golden Age Pilates			
:45					
17:00					
:15				17.15 h - 18.00 h	17.00 h . 18.00 h
17:30				Pilates Männer	Pilates Duett
18:00	18.00 h - 19.00h				
:15	Pilates Group				
18:30					
19:00					
:10					
19:30	19.10h - 20.10h				
20:00	Pilates Group				
:10					
20:30				20.30 h - 21.30 h	
21:00				Pilates Group	
21:30					

### NOTES